

KairosWWT

Annual Report 2014-15



Street Outreach and Evening Drop In | Prison Inreach | Floating Support
WINGS & STEPS Courses | One-to-One Befriending | The 'Feeling Safe' Project

kairos ^w
women working together

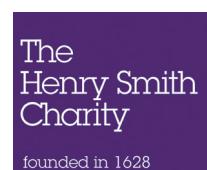
Cover image by KairosWWT service user S Patel:

"The image represents KairosWWT to me as having deep and strong roots. The colours represent the journey you take women through from dark to light and the arms reach in many areas/directions to represent the many links that I see you having into the community, services and other agencies"

(Copyright S Patel 2015)



Principle Funders



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Our Mission

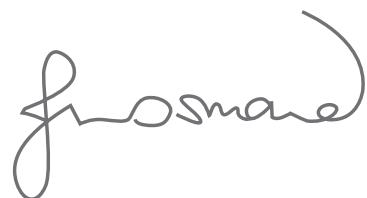
Kairos Women Working Together (WWT) believes in the value and dignity of all women. We aim to support, empower, and give a voice to women at risk of or subject to sexual exploitation, including those caught up in sex work and those aspiring to leave it. We work in Coventry by providing safe spaces, a listening ear and opportunities for change & growth.

Welcome

This has been another amazing year of achievements for KairosWWT with our strong and committed board of trustees, staff and volunteers supporting 68 courageous women who have reached out and allowed us into their lives.

Our work is underpinned by funding secured from the Big Lottery Fund and the Lloyds Bank Foundation for England and Wales - this will enable us to continue and develop our work over the next three years. We have also developed a new database which will allow us to gather and utilise information about our services and their impact and will enhance our decision-making processes which are always centered around the women we support.

We have consolidated our work around raising awareness of sexual exploitation with young women aged between 18-24 with the development of a new resource: ***Feeling Safe: Knowing Me and Knowing You***. Looking forward, we will continue to stand shoulder to shoulder with the women who reach out to us and we are committed to... developing and expanding our services to meet their needs.

A handwritten signature in black ink that reads "jane osmond". The signature is fluid and cursive, with "jane" on top and "osmond" below it, both starting with a capital letter.

Dr Jane Osmond
Chair KairosWWT

Street Outreach & Evening Drop In

St Mary's and St Benedict's Church
Raglan Street, 8-10pm
Wednesday and Friday

Drop In was a place where I could access food, clothing, a drink and stay warm for a while. I no longer work on the streets but appreciated having KairosWWT there when I did.

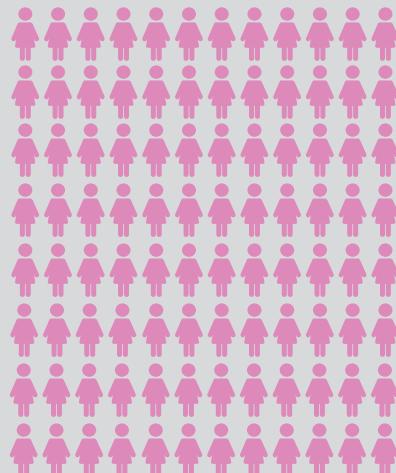
Service User

Being involved in the drop in has given me enormous insight into the vulnerability of women working on the streets. We often see women at crisis point, or at their lowest ebb, which really emphasises to me the importance of providing a space for both safety and dignity. The support, camaraderie and mutual respect that characterises the drop in sessions is something I am immensely proud of and really displays the importance of KairosWWT's continued presence where women often need us the most.

Thea Raisbeck, Volunteer and Trustee

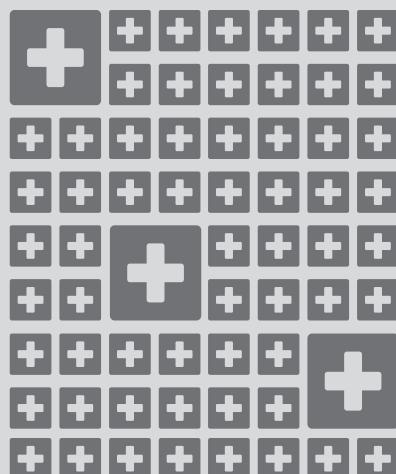
I feel that the Drop In is an important part of the work we do as it gives the service user a safe place to come and access support from us. The women go through so much on the street and get abused regularly. It is not surprising that these women often find it difficult to trust others and by giving them a safe place and an understanding ear, this goes a long way to gaining their trust, which enables them to engage. Without this service, many women would not know where to turn to in times of crisis. This is the most rewarding job that I have done.

Val Seymour, Support Worker



68

Women were reached through Street Outreach and Drop In.



24

Service users accessed Street Outreach and Drop In for the first time.

Prison Inreach

Being in prison has helped me a lot. The days are long but this time has changed my life for the better and I feel a better person inside and out. KairosWWT has been helping me with support and by visiting and will be able to help me [find a Barista course] when I am released.

Service User

Visiting HMP Peterborough on a monthly basis enables us to remain a source of support and encouragement to women whilst they are in custody. For many, this is their only contact with a familiar face and advocate, reducing their sense of isolation. The Prison Inreach service has significantly increased women's level of engagement with support on their release, helping to reduce their risk of re-offending. The very fact we regularly take a 130 mile round trip to see how they're doing speaks volumes about how we value them and our commitment to them.

Jenny Comery, Project Worker

I'd just like to say a huge thank you to you all, what you do is wonderful. Taking time out to come and visit me and offering me so much support, I'm very, very grateful. Now I know I'm leaving here and have support to come out to has taken a great weight off my mind so things don't seem so daunting.

Service User

12

Women have been supported with their release from HMP Peterborough.

08

Prison release packs were distributed, which improved women's health and wellbeing upon release from prison.

Floating Support

St Peter's Centre
Charles Street, 9-5pm
Monday to Friday

Our services aim to meet, engage and support women at whatever point they find themselves. We provide support, signposting and a friendly ear to any woman in need. To many of our women, the fact that a relative stranger is willing to be there for them in their times of crisis helps in part, to restore a small amount of trust and faith in others. This faith has often been lost through the varying traumas that have brought them to their current situation. Restoring faith and trust is the building block to healing relationships and fostering more positive engagements with professionals and community support structures.

Lis Bastock, Project Worker

You are so good at what you do, thank you.
Service user

It is so nice to know someone cares, from my heart thank you.
Service user

What I love about Kairos is you treat me like a human being.
Service user



19

Women have improved their housing situation as a result of Kairos' support.

01

Woman had her child returned to her with support from Kairos.



62

Women were supported through Floating Support.

05

Women had greater contact with their children through Kairos' advocacy with social care.

WINGS and STEPS Courses

I found WINGS really helpful. Through attending WINGS I gained peace; it was a space to meet, have a chat and a coffee and try different things.

Service User

The STEPS course has changed the way I view my abilities and has made me realise I can achieve bigger things regardless of my environment or personal situation. I found this quote, which sums things up for me 'some people enter your life and change your whole direction'.

Service user

This year saw the end of our WINGS group session, after its beginning in March 2009. This had been a place for women, who were transitioning towards a life of independence, to reduce their isolation through meeting with other service users, staff and volunteers in a safe and supportive environment. It also provided opportunities to gain new skills, develop confidence and self-esteem and try different activities. At the WINGS group we shared tears, laughter, moments of celebration

and lots of fun. My favourite moment was watching the women supporting each other as we clambered onto some great big, bewildered horses ready for a hack as part of our summer programme. In that moment, it didn't matter your background, your experience; all that mattered was getting on the horse, staying on the horse and enjoying the Coventry countryside as one group of women overcoming challenges...together.

As WINGS came to an end, our new service; STEPS (Support, Transition, Empowerment, Progression and Skills) courses began with an English literacy level 1 course. This emerged out of feedback from our WINGS group. It is a place where women can boost their skills and reduce their isolation in a supportive environment; overcoming many of the barriers they face in accessing education.

Nicola Smith, Project Manager

05

Women attended a fire safety course and two of those had follow up fire safety checks.

01

Woman has completed her English Level 1 and is working towards her Level 2 and Maths Level 1.

One-to-One Befriending

Observing the exponential growth in a service user was an extremely worthwhile and rewarding experience. The reciprocal feelings of trust and caring was very fulfilling, hence a productive and meaningful relationship ensued.

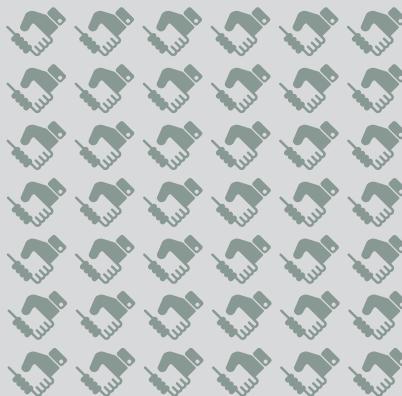
Befriender

What I particularly enjoyed about being a befriender was making a difference to someone else's life. I loved seeing the achievements of the befriendee and seeing how much stronger and more confident they are now.

Former befriender

The Befriending service is something we offer to women, who are relatively stable and at the point of transition. It has been a privilege to see the befriendees reach their goals, increase their confidence and become less dependent on other Kairos services. A particular highlight from this year was when one of our befriendees, who suffers from mental health problems and consequently had become quite isolated, took up walking with her befriender, to the point that she now plans all the walks and goes walking independently. We have seen an improvement in her physical and mental health as a result and a reduction in her isolation.

Nicola Smith, Project Manager

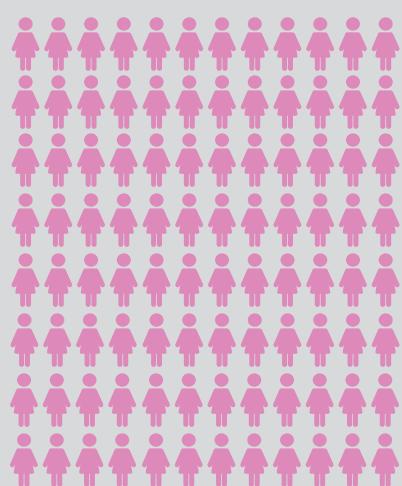


04

Women were supported by volunteers to reach their goals.

01

Woman has not experienced a mental health crisis since accessing the Befriending service, having encountered regular crises before.



The 'Feeling Safe' Project

Those at risk of sexual exploitation experience an increase in vulnerability as they transition to adulthood and many support services fall away as they turn 18. The Feeling Safe Project fosters a holistic approach to developing young women's self-esteem and resilience. We create a safe supportive space for young women to reflect on and positively respond to life experiences, current challenges and hopes for the future. There is power in being heard that should not be underestimated.

Jenny Comery, Project worker

I have loved being involved with Kairos because they have given me confidence to achieve things I want in life. One-to-One support has helped me improve and move forward in life, they have been a big help.

Service User

This year we were awarded funding from the Victims Capacity Fund to pilot some work with women aged 18 – 24 years, who were identified as being at risk of sexual exploitation. As part of this pilot we developed a resource called Feeling Safe: Knowing Me and Knowing You. This is an 8 week course designed for practitioners to use with young people to learn strategies to help them feel safe and to raise awareness of issues such as consent and grooming. During this year we piloted one of these courses with 5 women; all of whom said that their competence in feeling safe had improved as a result of attending the course.

Nicola Smith, Project Manager

1 Young person has transitioned into independent accommodation and sustained a college course.



3 Young people have engaged in One-to-One sessions to learn about protective behaviours.

5 Women attended a 10 week course about protective behaviours and all reported an increase in understanding risks and an awareness of how to improve their safety.

Community Support

Volunteering for KairosW WT over the last 4 years has been an invaluable, fulfilling, honest, informative, heart-warming and heart wrenching experience. The biggest eye opener I've experienced to date.

Volunteer

2014 was a particularly challenging year for KairosWWT with uncertainty over our funding and our future and a number of personnel changes within the project. It tested our resolve and resilience but through it all we stood firm. We stood believing that as long as there were women out on our streets, we had something to give and would continue to stand for them. As long as they stand, so too will we.

Nicola Smith, Project Manager

As a volunteer I gained experience of the charity sector. I enjoyed interacting with people from different backgrounds and it has helped me in my personal and professional development.

Former volunteer

Working with KairosWWT has enabled us to give higher quality health care for a client group that is ordinarily very hard to reach.

Practice Nurse, The Anchor Centre

Kairos have provided a vital link to women who may otherwise be hard to reach. Many sex workers also experience homelessness, and working with KairosWWT has enabled our service to offer accommodation to those who are so often 'hidden' and facilitated smooth transitions for women being released from prison.

Project Worker, The Salvation Army

Our 25 volunteers who support a range of our activities and services including our trustees, Street Outreach & Evening Drop In volunteers, our Befrienders, our administrative volunteer and our fundraisers.

Our Partnerships who help us broaden our reach and impact through their specialist services and provision; The Anchor Centre, HMP Peterborough, Creative Optimistic Visions, Protective Behaviours Consortium, The Recovery Partnership, Salvation Army, Coventry Sex Worker Forum, SWISH, St Mary, St Peter's Centre and St Benedicts Church .

We are indebted to our funders and benefactors who kept us going through a difficult time and have invested in the future of our organisation in the lives of women in Coventry. Specifically, we thank:

Funders

Big Lottery Fund, The Henry Smith Charity, Lloyds Bank Foundation, Grantham Yorke Trust, Comic Relief Cov & Wks (Heart of England Community Foundation), The Alan Edward Higgs Charity, The Norton Foundation, W F Southall Trust, National Council for Social Concern, William A Cadbury Charitable Trust, The Michael Marsh Charitable Trust, The 29th May 1961 Charitable Trust, Victim Services Capacity Fund (Police & Crime Commissioner Partnership Funding 2014-15), Father Hudson's Society.

Donations

Dr William MacDonald of Johannesburg Fund, The Rotary Club of Coventry North, The Cotton Trust, Dennis Alan Yardy Charitable Trust, The Bewley Charitable Trust, Wragge & Co Charitable Trust, Souter Charitable Trust, The Albert Hunt Trust, Charity of Elizabeth Swillington, F C Stokes Charitable Trust, The M K Rose Charitable Trust, The Aylesford Family Charity Trust, Coventry General Charity and The Seccombe Trust.

Community

One of the real privileges of working in the Third Sector is having daily affirmations of compassion and humanity.

KairosWWT is fortunate to have the support of many local groups, churches, charities and individuals. Support comes in all forms...from sleeping overnight on a cardboard box to raise money, to donating clothing and toiletries for our service-users, to promoting our work to others, to helping to run our Drop In and Street Outreach Services, to making financial donations to our projects, to welcoming our presence in their buildings and services.

Just as we aim to uplift, encourage and empower our service-users in our contact with them, the wider support of our community helps uplift, encourage and empower us.

Lucia Leon,
Project Manager:
Funding & Development

Financial Report

	Unrestricted Funds £	Restricted Funds £	Total Funds 2015 £	Total Funds 2014 £
Incoming resources				
Grants and donations	10,890	141,794	152,684	147,845
Other income	980	-	980	39
Total incoming resources	11,870	141,794	153,664	147,884
Resources expended				
Charitable activities	28,964	106,895	135,859	121,528
Governance costs	21	441	462	1,857
Total resources expended	28,985	107,336	136,321	123,385
Net incoming/(outgoing) resources	(17,115)	34,458	17,343	24,449
Total funds at 1 July 2015	44,393	37,846	82,239	57,740
Total funds at 30 June 2015	27,278	72,304	99,582	82,239

Summarised Balance Sheet	2015 £	2014 £
Fixed assets		
Tangible assets	2,025	-
Current assets		
Debtors	980	-
Cash at bank and in hand	104,920	84,448
Creditors		
Amounts falling due within one year	(8,342)	(2,209)
Net current assets	97,558	82,239
Net assets	99,583	82,239
Funds		
Unrestricted funds	27,278	44,393
Restricted funds	72,305	37,846
	99,583	82,239

Statement by the trustees: This financial report is a summary of information extracted from the annual accounts for the year ended 30th June 2015, including both the statement of financial activities and the balance sheet. This summarised report may not provide sufficient information to allow a full understanding of the financial affairs of the charity. For further information the full annual accounts and the trustees' annual report, which have been filed with the Charity Commission, should be consulted. The full annual accounts have been signed on behalf of the trustees by Dr Jane Osmond, Chair and have been subject to an independent examination by Christopher John Irvine FCCA of Walker Thompson, Empress House, 43a Binley Road, Coventry, CV3 1HU, who signed an unqualified independent examiner's statement.

Looking ahead

With secure funding in place, KairosWWT is in a strong position to continue to deliver important services to some of the most marginalised women in our community. We are committed to providing and developing ways to improve the life choices and opportunities of each woman we engage with.

With support from Lloyds Bank Foundation for England and Wales, we will be developing our Business Plan and Funding Strategy and identifying ways to diversify income streams. There are also exciting opportunities ahead to grow our Feeling Safe Project for young women aged 18-24 years.

We continue to engage with service users in monitoring and developing our services to ensure that what we are offering responds to need and makes a significant impact. With funding from Lloyds Bank Foundation for England and Wales and support from Coventry University we will be commencing a thorough evaluation of our Prison In-reach service and the learning from that will inform how we develop that service over the next 3 years.

Lucia Leon
Project Manager:
Funding & Development

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