

# Feeling Safe

## Summer Programme Volunteer

### Role Description

<b>Title:</b>	Feeling Safe Volunteer
<b>Group Sessions:</b>	Thursdays between 10am-5pm (variable hours each week dependent on activities)
<b>Supported by:</b>	Feeling Safe Project Worker
<b>Main purpose:</b>	To give practical and emotional support to the service users aged 18-24 years old who attend the Feeling Safe Summer Programme

#### Overview of Feeling Safe Programme

The 'Feeling Safe' programme equips young women (aged 18-24) who are at risk of sexual exploitation, to recognise it, identify risks and seek help through one-to-one, group work and awareness raising workshops. It has been running since 2012. Currently of around 16 young women take part in 1-2-1 and/or group support sessions with a Kairos staff member.

#### Overview of Role

We are looking for female volunteers who have an interest in working with vulnerable 18-24 year old women, particularly those who have been, or are at risk of sexual exploitation, and would like to enhance their knowledge and/or understanding of this area of work. If you feel you have skills in listening, motivating and providing emotional and practical support, you may be able to both give and receive considerable experience. You will work as part of a team of volunteers and one paid worker. We are passionate about investing in our volunteers and therefore encourage training and other opportunities to help growth in experience and knowledge throughout the role. You will be required to attend introduction training before starting which will give volunteers more information about Kairos services and specific training around the role.

#### The Summer Programme

This is a set of activities and outings which takes place over the summer period for young women who are already part of the Feeling Safe programme. It aims to build their confidence and self-esteem, give them opportunities to try something new and to meet new people and make friends.

#### Activities for 2018 Summer Programme:

- Creative drawing project
- Ice-skating
- Swimming
- Beauty pamper day
- Go-karting or similar (tbc)
- One-night residential with activities including inflatable water park and horse riding

#### Responsibilities for the Summer Programme

- Meet the Project Worker at the venue or agreed location
- Help set up before the session.
- Provide drinks for the service users.
- Be fully involved in the activities we run, and give constant encouragement to the women.
- Engage in conversations with the women and offer support where applicable.
- Guide the women by referring them to other Kairos services or other organisations.
- Help tidy up after the session.

#### Skills

- Ability to listen well, taking a non-judgmental approach to the women.
- Ability to communicate well in English; both verbally and written.
- Understand the principles of equal opportunities and non-discrimination.
- Willingness to volunteer under the instruction and management of the Feeling Safe Senior Practitioner and follow all KairosWWT policies and procedures, including health and safety
- Awareness of your own limitations and boundaries.
- Does not need to be a professional advisor or counsellor.

### **Qualities**

- It helps to have a sense of humour and be flexible in your approach to volunteering as this role can be quite varied, depending on the women that come to each session.
- Be open to new ideas and experiences.
- The ability to work with a range of people from a variety of social and cultural backgrounds.

### **Times and Commitment**

The Summer Programme sessions are taking place on the following dates:

Thursday 26<sup>th</sup> July  
Thursday 2<sup>nd</sup> August  
Thursday 9<sup>th</sup> August  
Thursday 16<sup>th</sup> August  
Thursday 23<sup>rd</sup> August  
Thursday 30<sup>th</sup> August – Friday 31<sup>st</sup> August (one night residential)

You will need to commit to **at least two sessions** from the above dates.

If you are interested in this position, please email [tianne@kairoswwt.org.uk](mailto:tianne@kairoswwt.org.uk) to request an application form, or visit [www.kairoswwt.org.uk/volunteer](http://www.kairoswwt.org.uk/volunteer) to download a copy of the form. Please then return it to Tianne Peynado at the above email address.

You will have the opportunity to speak to the Feeling Safe Senior Practitioner (either in person or on the phone) to assess whether the position is right for you and for KairosWWT and for you to find out more details if you have questions.

If you are accepted onto the programme, you will then attend mandatory induction training before starting to volunteer.

**Deadline for volunteer applications:** Tuesday 10<sup>th</sup> July 2018